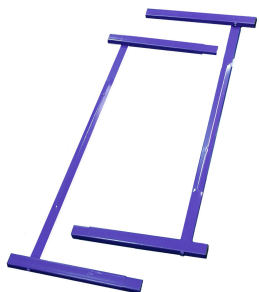


Assembly Instructions

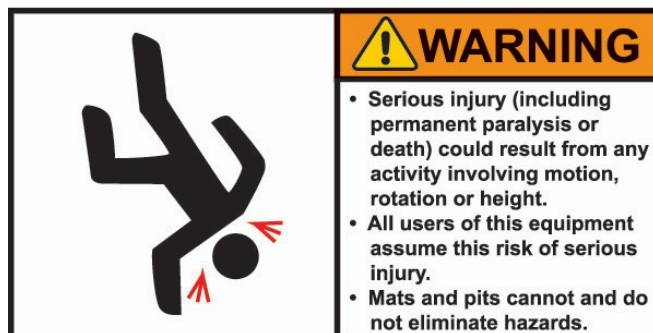
For The Jr. Kip Bar Stabilisers



Thank you for purchasing the Jr. Kip Bar stabilisers. These additional pieces will help further stabilise the Jr. Kip Bar for higher level skills and/or heavier athletes.

If you have any questions during this assembly process, please call customer service at 44 (0)2921 167 949.

NOTE: Tumbl Trak equipment is not recommended for the use in **Parkour/Free Running** related activities.



WARNING

- Serious injury (including permanent paralysis or death) could result from any activity involving motion, rotation or height.
- All users of this equipment assume this risk of serious injury.
- Mats and pits cannot and do not eliminate hazards.

Safety Instructions

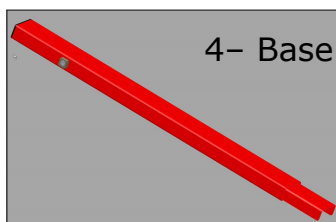
ALWAYS:

1. Consult an instructor prior to use.
2. Use equipment **ONLY** under the supervision of trained and qualified instructors.
3. Use equipment with trained spotters and the proper spotting equipment.
4. Check equipment before use for proper positioning; equipment can move during use.
5. Follow a progressive learning pattern. Assure basic skills are achieved before attempting more advanced skills.
6. Use equipment **ONLY** when all hard exposed surfaces are protected with proper mats.
7. Assure that all inflatable equipment has sufficient air pressure to avoid injury.

DO NOT use the apparatus with damaged, worn or missing parts.

DO NOT allow more than one person at a time to use the equipment.

PARTS LIST



4- Base Stabilisers



8- Set Screws
1- Allen Wrench

2- End Cross Supports

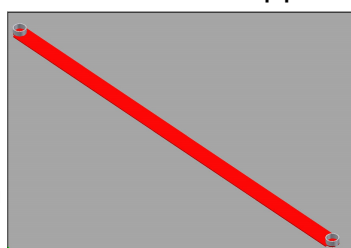


Fig. A



1

Pry off the plastic cap from the end of the Jr. Kip Bar Base (Fig A).

2

Place both End Cross Supports parallel to the Jr. Kip Bar End Cross Supports, already connected (Fig B).

3

Align the circular tubes the 2 End Cross Supports with the appropriate holes on the bottom of each end of the Base Stabilisers (Fig. B).

Fig. C

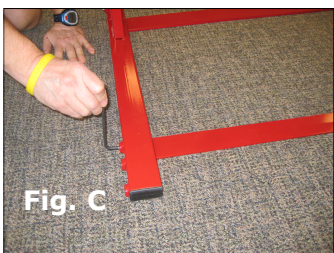
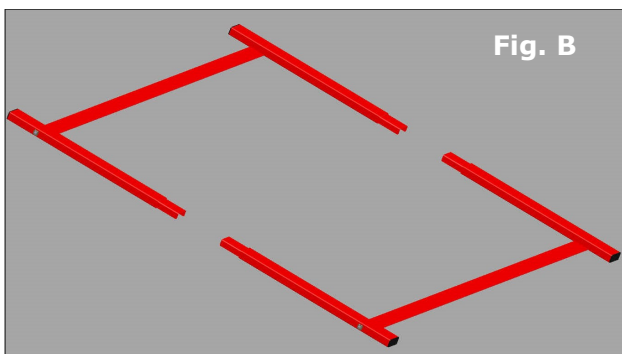


Fig. B



4

Insert 8 Set Screws (there are two Set Screws on the outer part of each end of each Base Stabilisers). Tighten with allen wrench (Fig. C).

5

Replace the 4 plastic caps taken off the Jr. Kip Bar Base and insert into the end of the Base Stabilisers.



Tumbl Trak
Train Smart